

Arizona Community Support & Crisis Resources

Immediate Emergency Help

Emergency Services

Call or text 911 for emergencies involving immediate danger, medical emergencies, active violence, or life-threatening situations.

988 Suicide & Crisis Lifeline

Call or text: 988

<https://988lifeline.org>

24/7 confidential support for emotional distress, trauma, panic, suicide prevention, and mental health crises.

Arizona 211

Dial: 211

<https://211arizona.org>

Housing, food, transportation, counseling, utility help, and local crisis resources.

Arizona Statewide Crisis & Mental Health Support

Arizona Crisis Response Network (ACRN)

<https://www.azahcccs.gov/BehavioralHealth/crisis.html>

Mobile crisis teams and behavioral health emergency support.

Solari Crisis Services

<https://crisis.solari-inc.org>

Maricopa County Crisis Line

602-222-9444

Northern Arizona Crisis Line

877-756-4090

Southern Arizona Crisis Line

866-495-6735

Mental Health America of Arizona

<https://www.mhaarizona.org>

NAMI Arizona

<https://namiarizona.org>

Family support groups, peer support, and advocacy.

Domestic Violence & Abuse Support

Arizona Coalition to End Sexual & Domestic Violence

<https://www.acesdv.org>

National Domestic Violence Hotline

800-799-7233

Text START to 88788

<https://www.thehotline.org>

Emerge! Center Against Domestic Abuse

520-795-8001

<https://emergecenter.org>

Sojourner Center

602-244-0089

<https://www.sojournercenter.org>

New Life Center

623-932-4404

<https://newlifectr.org>

Chrysalis Domestic Violence Services

<https://www.noabuse.org>

Sexual Assault & Trauma Support

RAINN

800-656-4673

<https://www.rainn.org>

Southern Arizona Center Against Sexual Assault (SACASA)

520-327-7273

<https://www.sacasa.org>

Mesa Family Advocacy Center

<https://www.mesafac.org>

Human Trafficking & Exploitation Resources

National Human Trafficking Hotline

888-373-7888

Text 233733

<https://humantraffickinghotline.org>

Arizona Human Trafficking Council

<https://azgovernor.gov/governor/arizona-human-trafficking-council>

StreetLightUSA

<https://www.streetlightusa.org>

Shared Hope International

<https://sharedhope.org>

Polaris Project

<https://polarisproject.org>

Free Legal Aid & Pro Bono Resources

Community Legal Services Arizona

<https://clsaz.org>

Arizona Legal Center

<https://arizonalegalcenter.org>

DNA People's Legal Services

<https://dnalegalservices.org>

Florence Immigrant & Refugee Rights Project

<https://firrp.org>

Arizona Crime Victim Compensation Program

<https://azcjc.gov/programs/victim-services/victim-compensation-program>

Protective Order Assistance

<https://azcourthelp.org>

Arizona Domestic Violence Legal Assistance Project

<https://www.azbf.org/domestic-violence-legal-assistance-project>

Child Abuse, Youth & Family Safety

Arizona Child Abuse Hotline

888-767-2445

<https://dcs.az.gov/report-child-abuse>

Childhelp National Child Abuse Hotline

800-422-4453

<https://www.childhelp.org>

UMOM New Day Centers

<https://umom.org>

Tumbleweed Center for Youth Development

<https://tumbleweed.org>

Teen Lifeline Arizona

602-248-8336

<https://teenlifeline.org>

Elder Abuse & Vulnerable Adult Support

Arizona Adult Protective Services

877-767-2385

<https://des.az.gov/services/basic-needs/adult-protective-services>

Area Agency on Aging

<https://www.aaaphx.org>

National Elder Fraud Hotline

833-372-8311

<https://ovc.ojp.gov/program/stop-elder-fraud/providing-help-restoring-hope>

Substance Abuse & Addiction Support

SAMHSA National Helpline

800-662-4357

<https://www.samhsa.gov/find-help/national-helpline>

Community Medical Services

<https://communitymedicalservices.org>

Terros Health

<https://www.terroshealth.org>

Housing, Shelter & Emergency Assistance

Central Arizona Shelter Services (CASS)

<https://www.cassaz.org>

St. Vincent de Paul Arizona

<https://www.stvincentdepaul.net>

Salvation Army Arizona

<https://www.salvationarmyphoenix.org>

Catholic Charities Community Services Arizona

<https://www.catholiccharitiesaz.org>

Family Promise of Greater Phoenix

<https://familypromiseaz.org>

Arizona Rental Assistance & Eviction Prevention Programs

<https://housing.az.gov/general-public/rental-assistance-eviction-prevention-programs>

Arizona Crime Victim Housing Resources

<https://azcrimevictimhelp.org/housing/housing-resources>

Government & Hidden Assistance Programs

Survivor Emergency Relief Fund (SERF)

<https://arizonasurvivors.org/serf/>

Arizona Short-Term Crisis Services (STCS)

<https://des.az.gov/stcs>

Arizona Cash Assistance Program

<https://des.az.gov/ca>

Phoenix Victim Services Division

<https://www.phoenix.gov/humanservices/programs/victims>

Arizona VOCA Victim Assistance Programs

<https://www.azdps.gov/services/governmental-services/voca-administration-unit-victims-crime-act>

Arizona Utility Assistance Programs

<https://des.az.gov/liheap>

Maricopa County Human Services Department

<https://www.maricopa.gov/5270/Human-Services>

Pima County Community & Workforce Development

<https://webcms.pima.gov/community/>

Free Transportation Assistance (AHCCCS)

<https://www.azahcccs.gov/Members/ProgramsAndCoveredServices/Transportation.html>

Red Rover Safe Escape Grants

<https://redrover.org/relief-dv/safe-escape-grants/>

Trauma Recovery Network Arizona

<https://www.emdrhap.org>

Veteran Support Services

Veterans Crisis Line

988 then press 1

Text 838255

<https://www.veteranscrisisline.net>

Arizona Department of Veterans' Services

<https://dvs.az.gov>

U.S. VETS Phoenix

<https://usvets.org/locations/phoenix>

LGBTQ+ Support

The Trevor Project

866-488-7386

Text START to 678678

<https://www.thetrevorproject.org>

one-n-ten

<https://oneten.org>

Online Safety, Cyber Harassment & Stalking Help

Cyber Civil Rights Initiative

<https://cybercivilrights.org>

FBI Internet Crime Complaint Center (IC3)

<https://www.ic3.gov>

Victim Connect Resource Center

855-484-2846

<https://victimconnect.org>

Missing Persons, Cult Recovery & Community Support

National Center for Missing & Exploited Children

800-843-5678

<https://www.missingkids.org>

International Cultic Studies Association

<https://www.icsahome.com>

Trauma Survivors Network

<https://www.traumasurvivorsnetwork.org>

Arizona Food Bank Network

<https://azfoodbanks.org>

Native American & Tribal Resources

Navajo Nation Division of Social Services

<https://www.nndss.navajo-nsn.gov>

Native Health Phoenix

<https://www.nativehealthphoenix.org>
